

People's lives today are often busy and challenging. Stage 1 of the Hearts Afire Parish-based Program offers individuals a quick and easy way to withdraw from the demands of daily life and enter into a peaceful interior reflection on their relationship with Christ in the context of Marian devotion. We begin with the Immaculate Heart because Mary leads us to the Sacred Heart of Jesus. The end result is that, by learning to entrust ourselves to the Mother of Our Lord, we can discover a transforming trust in Jesus himself.

From Fr. Michael E. Gaitley, MIC, author of the bestselling book *Consoling the Heart of Jesus*, comes an extraordinary 33-day journey to Marian consecration. Featuring the teachings of four giants of Marian spirituality—St. Louis de Montfort, St. Maximilian Kolbe, St. Teresa of Calcutta, and Pope St. John Paul II—Fr. Gaitley shows how simple it is to put Marian devotion into practice